

MUSTARD SEED LEADERSHIP PODCAST

Self Leadership #1

My definition of leadership:

“Leadership is intentionality”

- Doing things on purpose or with conviction
- I believe that people are influenced and inspired by people who live by conviction

So as you develop your leadership, where do you start?

Maxwell *“The hardest person in the world to lead is yourself”*

So let's start with the hardest person to lead and learn to lead them well.

1 Corinthians 9:24-27 (NLT)

“24 Don't you realize that in a race everyone runs, but only one person gets the prize? So run to win! 25 All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize. 26 So I run with purpose in every step. I am not just shadow boxing. 27 I discipline my body like an athlete, training it to do what it should. Otherwise, I fear that after preaching to others I myself might be disqualified.”

1. ATTITUDE

“So run to win!”

Quote: *“Attitude determines altitude”*

The attitude indicator in an airplane is the most important navigation gauge, especially when flying in the dark or bad weather

- It is that gauge with the picture of a little airplane and the horizon level. When a pilot is flying in bad weather or at night, they have to trust their attitude indicator to bring them safely through.
- The attitude of a plane determines if it is going up or down or drifting off course
- Our attitude is also the greatest indicator of whether our lives are going up or down or drifting off course!

Someone once said that you can't determine your circumstances but you can determine your attitude. The apostle Paul chose a *'run to win'* attitude.

What is a "Run to win" attitude?

- This is not an attitude of competition with the people around you.
- This is an attitude of giving your absolute best in all circumstances.

"Success is peace of mind which is a direct result of self-satisfaction in knowing you made the effort to become the best of which you are capable." - John Wooden, Wooden on Leadership

What are some characteristics of a 'run to win' attitude?

- **Positive** - choosing to stay full of hope and optimism despite circumstances.
- **Abundance** - choosing to trust God's goodness and abundance.
- **Humble** - choosing to stay others focussed and putting others first.
- **Big picture** - choosing to look beyond the now and 'my section of the wall'
- **'Wow before how'** - choosing enthusiasm and encouragement before focussing on the limitations of details and constraints
- **'Teamwork makes the dream work'** - choosing to be team focussed and not self focussed

Challenge: If you could evaluate the 'attitude gauge' of your life, which direction would it be pointing - up, down or off course? What could you do to work at leading yourself better in this area?