



STRONGHOLDS

**MAKING THE
LORD THE
STRONGHOLD
OF YOUR LIFE**

CONNECT GROUP NOTES

FOR THE FACILITATOR

Encourage the group to take turns reading and answering questions. It is best to ask the questions as they appear instead of waiting till the end

TOPIC : Make the Lord the Stronghold of Your Life

Sermon audio:

www.outlookchurch.co.za/sermons/333

TIME TO CHEW:

As you read the passages below, try and identify a key line or idea that stands out to you? Why do you think it caught your attention?

Psalms 27:1

¹The Lord is my light and my salvation—
whom shall I fear?

The Lord is the stronghold of my life—

of whom shall I be afraid?

²When the wicked advance against me
to devour me,
it is my enemies and my foes
who will stumble and fall.

³Though an army besiege me,
my heart will not fear;
though war break out against me,
even then I will be confident.

⁴One thing I ask from the Lord,
this only do I seek:
that I may dwell in the house of the Lord
all the days of my life,
to gaze on the beauty of the Lord
and to seek him in his temple.

2 Corinthians 10:4-5

⁴The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. ⁵We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

TIME TO REFLECT:

Which of the quotes from Sunday's sermon do you find most interesting or challenging and why?

“An enemy stronghold is a demonically inspired lie that has a strong hold over your thinking and behaviour”

“Your past can cause you to develop ways of thinking that are wrong but are deeply held onto”

“Holy Spirit prayer has the power to reveal strongholds and highlight ‘truth verses’ that can break them”

TIME TO DISCUSS:

Question 1: Do you have a stronghold to run to when you need protection in your life? Why do you think it is important to make sure God is your stronghold?

Question 2: Can you identify potential enemy strongholds that are present in your life?

Question 3: How can you make use of the weapons against enemy strongholds to break away from the strongholds in your life?

SHARE YOUR HIGHLIGHT

Take turns sharing what stood out to you the most from what we read and why?

ACTION STEP

What action step can you take to ensure that you dedicate your dining room table to the lord.

To listen to other sermons

<https://outlookchurch.co.za/sermons>