

YOUR SALT ROUTE

CONNECT GROUP NOTES



FOR THE FACILITATOR

Encourage the group to take turns reading and answering questions. It is best to ask the questions as they appear instead of waiting till the end.

TOPIC : Your Salt Route

Sermon audio:

www.outlookchurch.co.za/sermons/329

Reader 1

During the years of the spice trade camels used to be packed with large sacks of salt in order to transport them long distances through the desert. As these camels went along salt would often sprinkle out the bags and onto the desert sand, leaving trails of salt wherever they would go.



Everyone has different routes that they follow during their normal routine in their lives.

We are called to be salt and light to the world, because of this our daily routes need to become our salt routes. We need to be leaving our salt as we go about our day.

Reader 2

Most of us will be part of some or other social circle or club in our lives. We need to remember that even when we aren't in church itself, we are still always called to be taking the gospel of Jesus with us.

These social clubs that we attend should also be places that we drop our salt as we pass by. This means that even the golf club, fishing at the beach, or book clubs are all opportunities for us to share Jesus and to support people and show Jesus' love for them.

Question 1: What routes do you have in your life that should become salt routes for spreading Jesus' love?

Reader 3

We need to ask ourselves, what does it mean to be the salt of the Earth? We can break it up into its four parts:

Seeing - We need to be keeping our eyes open to see the people around us, are we noticing the people who really need our support and Jesus' love?

Asking - We need to be asking each other questions. We need to really get to know each other, when we do we can start unlocking the potential in the people around us and helping them group.

Listening - We need to know that sometimes it's important to talk less and listen more to those around us. We need to hear what people have to say, and ensure that they know that their input is valued.

Tell your story - Your story is a tool that can be very impactful, people may relate to it and see how God has helped you and can help them too.

Question 2: Who is on your salt route that you can start growing with? How can you impact them while you continue along your route?

Reader 4

God's plan has always been to work in community. We should be working together and doing life together.

Because community is so important we need to be very careful about the community we choose to be a part of. We should always ask four questions about our community and see how we can improve as a community in each of these areas:

Flow: As a community life should flow, life should be enjoyable and not feel like a constant uphill battle. Of course times might be tough, but your community should not be what is causing times to feel like they are tough. God planned for us to be like a body, we won't all be the same part, but we will all have a job that is important to keep everything flowing and working well.

Grow: We are made to grow, and in community is where growth happens the most. Sometimes it feels as though it would be easier to get along with people who are all like you and have things in common with you, but this doesn't produce growth. Sometimes all you will have in common with someone is Jesus, but that is enough. God's plan was for us to have diversity in our life and that is how we can grow in community.

Reader 5

Sow: It is important to care for and sow into the lives of those who are around us. Sowing into other people is crucial for growth and helps us to build each other up as we walk through life.

Go: We aren't called to be stagnant people who sit still. We were called to go and spread the good news of Jesus.

Being in community is vital for us, but it is even more important to stay connected to the source. Never neglect spending time with God alone and filling yourself up with Him.

If we run dry and aren't full of Jesus, then we won't be able to fill other people up. "Much easier to get water from a cup that overflows than a well that runs dry"

Reader 6

Don't let your well worn paths become boring. Let them become effective. When we do things over and over in our lives we will be wearing in paths, we need to make sure that the paths that the well worn paths will be good ones.

When we have a well worn path in our life that is bad or unhelpful we end up stuck in a rut. The best way to retrain your thinking is to turn a 'rut' into a salt trail.

When we set our salt trails we need to make sure that we give them margins. If you are too busy on a salt path you stop seeing the people you pass on the way. Jesus walked everywhere. If you want his presence in your life you will have to slow down and walk with him. We need margins in our lives to drop salt effectively.

Question 3: Do you need to draw margins in your life? Or do you need to turn a run into a salt trail? How could you apply that in your life?

SHARE YOUR HIGHLIGHT

Take turns sharing what stood out to you the most from what we read and why?

ACTION STEP

What action step can you take to ensure that you dedicate your dining room table to the lord.

To listen to other sermons

<https://outlookchurch.co.za/sermons>