



STRONGHOLDS

**MAKING THE
LORD THE
STRONGHOLD
OF YOUR LIFE**

WEEK 2 - SUBSTANCE ABUSE

CONNECT GROUP NOTES

FOR THE FACILITATOR

Encourage the group to take turns reading and answering questions. It is best to ask the questions as they appear instead of waiting till the end

TOPIC : The Stronghold of Substance Abuse

Sermon audio:

www.outlookchurch.co.za/sermons/334

TIME TO PONDER:

As you read the passages below, try and identify a key line or idea that stands out to you? Why do you think it caught your attention?

Ephesians 5:17-20

¹⁷Therefore do not be foolish, but understand what the Lord's will is. ¹⁸Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit, ¹⁹speaking to one another with psalms,

hymns, and songs from the Spirit. Sing and make music from your heart to the Lord, ²⁰always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.

Isaiah 5:22

²²What sorrow for those who are heroes at drinking wine and boast about all the alcohol they can hold.

TIME TO REFLECT:

Which of the quotes from Sunday's sermon do you find most interesting or challenging and why?

“The enemy attacks us by poisoning what we hear which influences our perspective.”

“Substance abuse leaves a wake of destruction.”

“When you find yourself backsliding or in a stronghold, chances are you have abandoned authentic community.”

“We are not in the business of managing strongholds, demolish and stay free.”

TIME TO DISCUSS:

Question 1: Has the devil ever influenced your perspective by poisoning the things that you see and hear?

Question 2: Can you identify any areas like disappointment or past-hurt that could be causing a stronghold in your life?

Question 3: Have you ever seen ‘road signs’ that God has left along your journey to usher you back towards Him?

SHARE YOUR HIGHLIGHT

Take turns sharing what stood out to you the most from what we read and why?

ACTION STEP

What action step can you take to start demolishing the strongholds of the enemy in your life?

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<https://outlookchurch.co.za/sermons>