



STRONGHOLDS

**MAKING THE
LORD THE
STRONGHOLD
OF YOUR LIFE**

WEEK 3 - SHAME & REJECTION

CONNECT GROUP NOTES

FOR THE FACILITATOR

Encourage the group to take turns reading and answering questions. It is best to ask the questions as they appear instead of waiting till the end

**TOPIC : The Stronghold of Shame and
Rejection**

Sermon audio:

www.outlookchurch.co.za/sermons/334

TIME TO PONDER:

As you read the passages below, try and identify a key line or idea that stands out to you? Why do you think it caught your attention?

2 Corinthians 4:4

⁴The god of this age has blinded the minds of unbelievers, so that they cannot see the light of the gospel that displays the glory of Christ, who is the image of God.

Ezekiel 36:25-27

²⁵I will sprinkle clean water on you, and you will be clean; I will cleanse you from all your impurities and from all your idols. ²⁶I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh. ²⁷And I will put my Spirit in you and move you to follow my decrees and be careful to keep my laws.

John 1:12-13

¹²Yet to all who did receive him, to those who believed in his name, he gave the right to become children of God— ¹³children born not of natural descent, nor of human decision or a husband's will, but born of God.

TIME TO REFLECT:

Which of the quotes from Sunday's sermon do you find most interesting or challenging and why?

“God constantly pursues us and is always there for us.”

“The enemy is a liar and the father of lies and there is no truth to him.”

“Lies must be replaced with the truth - the Word of God.”

TIME TO DISCUSS:

Question 1: Looking back into your life, can you see that God has always been there for you? In the good AND the bad?

Question 2: Have you experienced rejection in your life and if so, have you worked through it or is it still a stronghold in your life?

Question 3: Do you have a truth verse that replaces the lie of the enemy? Please share it if you are comfortable.

SHARE YOUR HIGHLIGHT

Take turns sharing what stood out to you the most from what we read and why?

ACTION STEP

What action step can you take to start demolishing the strongholds of the enemy in your life?

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